

Life-Giving God,

I QUIETLY COME AND ASK YOU TO REFRESH ME
WITH THE RAIN OF YOUR HOLY SPIRIT.
RESTORE IN ME A CONFIDENCE IN YOUR ABILITY
TO TRANSFORM ME.
I CHOOSE TO CHANGE
MY DESTRUCTIVE THOUGHTS
INTO THOUGHTS OF HOPE.

I CONFESS THAT I AM NOT A PERFECT PERSON.
I HAVE SINNED AGAINST MY SPOUSE
IN WAYS TO WHICH I AM BLIND.
I AM NOT COMPLETELY AWARE OF THE WAYS
I HAVE SPOKEN DEATH INTO MY RELATIONSHIP.
I CHOOSE TO HUMBLE MYSELF.
I seek to see things like You see them.

FORGIVE ME, GOD, FOR THINKING THINGS THAT AGREE
WITH THE ENEMY OF MY SOUL.
JESUS, SHOW ME THE DOORS TO THE ENEMY
THAT I HAVE OPENED THROUGH UNFORGIVENESS,
BITTERNESS, AND A LACK OF FAITH.
FORGIVE ME FOR MY SELFISHNESS AND
SELF-CENTERED PERSPECTIVE ABOUT MY SPOUSE.
GIVE ME A PICTURE OF HOW YOU HAVE CREATED
_____ TO BE.
I OPEN MY HEART FOR YOU TO SPEAK TO ME
DURING THIS LIFE-GIVING JOURNEY.
I PUT MY HOPE IN YOU.
Breathe fresh life into my marriage.



Jesus,

YOU ARE THE BEST FRIEND I COULD EVER HAVE.

YOU NEVER LEAVE ME OR FORSAKE ME.

YOU WROTE AN EVERLASTING LOVE LETTER,

FILLED WITH PROMISES FOR ETERNITY.

I CONFESS I HAVE NOT ALWAYS BEEN A BEST FRIEND.

I HAVE BEEN CRITICAL OF MY SPOUSE.

CONTEMPT HAS BEEN IN MY EYES AND ON MY LIPS.

I HAVE BEEN DEFENSIVE.

I THOUGHT THAT I WAS COMPLETELY RIGHT,

SO, I STONEWALLED AND GOT STUCK.

I WANT A TURNAROUND.

I choose to change.

I KNOW I CAN'T CHANGE MY SPOUSE.

BUT, I CHOOSE TO EMBRACE YOUR POWER TO CHANGE ME.

FORGIVE ME.

CLEANSE ME.

REPAIR ME.

RESTORE TO US THE JOY OF FRIENDSHIP IN OUR MARRIAGE.

MAKE OUR MARRIAGE A SIGN AND A WONDER,

RATHER THAN A STATISTIC.

I KNOW THAT, WHATEVER HAPPENS,

MY FRIENDSHIP WITH YOU IS ETERNAL.

YOU ARE MY LORD AND MY SAVIOR.

YOU WILL ALWAYS BE MY VERY BEST FRIEND.

I am eternally Yours.





Life-Giving God,

RULER OF THE UNIVERSE,

YOU HAVE MADE THE EARTH, THE LAND AND THE SEA.

YOU ARE ALWAYS WITH ME.

YOU KNOW MY WAKING UP AND MY LAYING DOWN.

YOU KNOW MY DEEPEST AND MOST HIDDEN DESIRES OF MY HEART.

YOU WOVE ME TOGETHER IN MY MOTHER'S WOMB

AND MADE ME WHO I AM.

FIRST OF ALL, LOVER OF ALL LOVES,

I COMMIT TO KEEP YOU AS THE LOVE ABOVE EVERY OTHER LOVE.

I TURN AWAY FROM EVERY RIVAL THRONE
THAT HAS TAKEN UP RESIDENCE IN MY HOME.

CLEANSE ME. PURIFY ME. MAKE ME NEW.

I choose to share everything with You.

I'M NOT GOING TO HOLD ANYTHING BACK.

I KNOW THAT WHEN I SHARE THE MOST HIDDEN THINGS WITH YOU,

YOU ALREADY KNOW—BECAUSE YOU ARE GOD.

CREATE WITHIN MY HEART A SAFE PLACE TO BE WITH YOU.

WHEN I FEEL MISUNDERSTOOD BY MY SPOUSE, I WILL RUN TO YOU.

WHEN I FEEL HURT, WOUNDED, AND REJECTED,

I WILL COME TO YOU.

YOU ARE MY HEALER.

You are my Hope.

TODAY, I PLACE MY MARRIAGE IN YOUR HANDS.

HELP ME SEE WHERE THE ENEMY HAS DIVIDED OUR RELATIONSHIP.

I CHOOSE TO CLOSE THE DOOR OF SIN IN MY OWN LIFE.

I CHOOSE TO FORGIVE THE SIN IN MY SPOUSE'S LIFE.

GOD, DO A MIRACLE TRANSFORMATION.

BEGIN IN MY HEART AND MOVE TO MY MARRIAGE.

I TRUST YOU. I BELIEVE YOU.

YOU WILL NEVER LEAVE ME NOR FORSAKE ME.

You are my safety.





Lord Jesus,
YOU KNOW EVERYTHING.
YOU KNOW THE DEPTHS OF WHO I AM.
YOU KNOW MY FAULTS
AND YOU STILL LOVE ME.
YOU KNOW MY WEAKNESSES
AND YOU COVER ME.
YOU KNOW MY FAILURES
AND YOU, DAILY, GIVE ME A FRESH START.

I WANT TO BE LIKE YOU.
HELP ME TO LIVE A LIFE OF INTEGRITY WITH MY SPOUSE.
HELP ME TO BE OPEN AND HONEST,
UNAFRAID TO SHARE MYSELF.
Open my eyes to see from Your perspective.
OPEN MY EARS TO HEAR YOUR SPIRIT'S VOICE.
OPEN MY PERSPECTIVE
TO EMBRACE YOUR HUMILITY.

CLOTHE ME WITH YOUR CHARACTER.
YOU WERE ALWAYS HONEST,
BUT NOT CONDEMNING.
YOU SHARED TRUTH
THAT SETS EACH ONE FREE.
I trust You, Lord,
TO HELP ME DO THE SAME
WITH MY SPOUSE.
IN LOVING SURRENDER,
AMEN.





Life-Giving, Loving Father,

YOU CREATED ME TO LIVE IN INTIMACY.

YOU MADE ME TO WALK WITH OPEN AFFECTION WITH YOU.

THANK YOU FOR THE HEALTHY RELATIONSHIPS IN MY LIFE.

I KNOW THAT MY SPOUSE HAS NOT BEEN EQUIPPED BY YOU

TO MEET ALL MY NEEDS.

ONLY YOU CAN LOVE ME PERFECTLY.

*Today, I choose to turn the light on
in my relationship with You.*

FATHER, FORGIVE ME FOR THE AREAS WHERE I HAVE

SINNED AGAINST YOU.

*(Wait for God to show you areas that
are not fully surrendered to Him.)*

I CONFESS THESE SINS TO YOU AND TRUST YOU TO

FORGIVE AND CLEANSE ME.

HELP ME TO HAVE A NEW START IN YOU.

LORD, I CANNOT CONTROL MY SPOUSE.

I FORGIVE MY SPOUSE FOR_____.

I TRUST YOU TO BRING HEALING, WHOLENESS,

AND SATISFACTION IN OUR MARRIAGE.

You are the Miracle Worker.

Redeem the broken places of our lives.

I ANCHOR MY HOPE IN YOU.

YOU ARE TOTALLY TRUE AND FAITHFUL.

I LOVE YOU, FOREVER. AMEN.





God,

I CHOOSE YOU

TO BE THE LOVER OF MY SOUL.

YOU ARE THE ONE WHO KNOWS ME THE BEST.

YOU ARE THE ONE WHO CREATED ME.

You are the One who gives my life purpose.

YOU ARE THE ONE WHO KNOWS WHEN I DRIFT AWAY FROM PASSION.

LIGHT THE COLD COALS OF MY HEART.

GO TO THE HIDDEN WOUNDS AND CLEAN MY SORE PLACES.

LOOK GENTLY AT THE UGLY THINGS HIDDEN FROM VIEW.

LIKE A SURGEON, PURIFY MY HEART.

I TRUST YOU.

I PUT MY HOPE IN YOU.

Make me fully alive in Your presence.

IGNITE ME TODAY WITH FRESH PASSION.

AMEN!





Eternal Father,

FILL ME AFRESH WITH YOUR HOPE AND PERSPECTIVE.
I HAVE BEEN TOSSED AND TURNED ON A SEA OF DOUBT.
I HAVE THOUGHT THE WORST RATHER THAN HOPED THE BEST.

CREATE IN ME A CLEAN SPIRIT, O, GOD!
FORGIVE ME AND CLEANSE ME FOR MY SIN.
WHEN I SIN AGAINST MY SPOUSE, I SIN AGAINST YOU.

Awaken within me a heart of hope.
I CHOOSE TO LIFT UP MY HEAD TO TRUST YOU.
YOU ALONE ARE TOTALLY TRUSTWORTHY AND TRUE.

ENRAPTURE ME WITH YOUR NEVER-ENDING LOVE.
SURROUND ME WITH YOUR SONGS OF DELIVERANCE.
SECURE MY HEART WITH YOUR HANDS.

I trust You.





Jesus,

I COME TO YOU ASKING FOR YOUR HELP.

I HAVE OPENED THE DOOR TO THE ENEMY THROUGH MY UNBELIEF.

I CHOOSE TO BELIEVE YOU FOR YOUR BEST IN OUR MARRIAGE.

I HAVE OPENED THE DOOR TO THE ENEMY THROUGH
MY UNFORGIVENESS.

I CHOOSE TO FORGIVE MY SPOUSE FOR _____.

I HAVE OPENED THE DOOR TO THE ENEMY THROUGH MY OWN SIN.

RIGHT NOW, I ASK YOU TO FORGIVE ME FOR _____.

Jesus,

SOAK ME IN YOUR PRESENCE, CLEANSE ME BY YOUR LOVE.

FILL ME WITH FRESH INSIGHT AND POWER
TO CLOSE THE DOOR ON THE ENEMY.

I CLOSE THE DOOR TO HIS LIES IN MY LIFE.

I CLOSE THE DOOR TO UNFORGIVENESS.

I CLOSE THE DOOR TO DESPAIR, RAGE, AND CONTEMPT.

Jesus,

FLOOD ME WITH YOUR LIGHT.

LET THE RAINBOW OF YOUR RESTORATION
PERMEATE OUR MARRIAGE.

LET THE SWEET BALM OF YOUR GRACE
ANOINT THE FRAILTY OF MY FLESH.

LET THE TRUTH OF YOUR PERFECTION
SHOW US THE WAY WE ARE TO WALK.

I trust You. I love You. I believe You.





Loving God and Maker of all the earth,

IT WAS YOUR PLAN AND DESIGN TO CREATE MARRIAGE.

YOU PURPOSED IN YOUR HEART TO MAKE MY SPOUSE AND ME.

THROUGH OUR UNION, YOU BRING LIFE.

FREE US FROM EVERY DESTRUCTIVE HABIT.

Give us fresh courage to pursue You and Your dream.

WE CHOOSE TO FULLY SURRENDER TO YOUR WORD,

YOUR WILL, AND YOUR WAY.

OUR EXPECTANCY AND HOPE IS ANCHORED IN YOU.

WE CHOOSE TO LIVE IN FORGIVENESS EVERY DAY,

KNOWING THAT YOU ARE THE LIFE-GIVER.

WE DESIRE FOR YOUR LIFE TO FLOW THROUGH US,

TO EACH OTHER, AND OTHERS.

OUR TRUST AND HOPE IS ANCHORED IN YOU.

YOU ARE THE FULFILLMENT OF EVERY DREAM;

YOUR LOVE COVERS A MULTITUDE OF SINS.

LET US BE REMINDED EVERY DAY TO CARRY

YOUR LIGHT AND LOVE TO A LOST AND DYING WORLD.

You are our joy and delight.

WE THANK YOU THAT OUR RELATIONSHIP WITH YOU

NEVER ENDS.

You are the Eternal Life-Giver.

WE PLACE OUR MARRIAGE IN YOUR HANDS.

IN YOUR NAME WE PRAY,

AMEN.

